

# ELITE MMA BAYTOWN



## SCHEDULE BY TIMES

TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12:00- 1:00 PM	ADULT JIU JITSU	ADULT JIU JITSU	ADULT JIU JITSU	ADULT JIU JITSU		KIDS JIU JITSU
1:00-2:00 PM						ADULT JIU JITSU
2:00-3:00 PM						CARDIO KB
5:15- 6:00 PM	BEGINNER KARATE	KIDS JIU JITSU	BEGINNER KARATE	KIDS JIU JITSU		
6:00- 7:00 PM	ADVANCED KARATE	TEEN JIU JITSU	ADVANCED KARATE	TEEN JIU JITSU		
6:00- 7:00 PM	CARDIO KICKBOXING	CARDIO KICKBOXING	KIDS JIU JITSU	CARDIO KICKBOXING	KIDS JIU JITSU	
7:00- 8:00 PM	ADULT JIU JITSU	ADULT JIU JITSU	ADULT JIU JITSU	ADULT JIU JITSU	ADULT JIU JITSU	
8:00- 9:00 PM	ADVANCED JIU JITSU	MMA	ADVANCED JIU JITSU	MMA		
8:00- 9:00 PM		KICKBOXING		KICKBOXING		

LOCATED IN THE MACY'S WING OF THE SAN JACINTO MALL

## FREE INTRODUCTORY CLASSES! 281-428-2450



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